

Name \_\_\_\_\_

## Hair Care 101: Tips for Healthy Hair and Scalp

### Open-Ended Response Questions

1. Discuss a personal experience when choosing the right hair care products and routines made a noticeable improvement in the health of your hair.
2. Imagine you are giving advice to a friend who is struggling with hair breakage. Share some tips and recommendations to help them.
3. Reflect on the cultural and societal aspects of hair care and how different communities approach hair care routines.
4. Share your insights into how proper hair care can impact your overall self-image and confidence.

