

Name \_\_\_\_\_

## Healing from Within: How Doctors Treat Eating Disorders

### Multiple Choice Questions

1. Can eating disorders be treated by doctors?
  - a) No, eating disorders can only be treated by dietitians.
  - b) Yes, seeking professional medical help is an essential step in recovery.
  - c) Only severe cases of eating disorders require medical treatment.
  - d) Doctors do not play a role in the treatment of eating disorders.
  
2. What is the first step in treating an eating disorder?
  - a) Medication management
  - b) Nutritional counseling
  - c) Medical assessment and diagnosis
  - d) Hospitalization
  
3. Why is a multidisciplinary team approach important in treating eating disorders?
  - a) It reduces the cost of treatment.
  - b) Doctors prefer to work alone in treating eating disorders.
  - c) It ensures comprehensive care addressing physical and emotional aspects.
  - d) It allows individuals to choose their preferred treatment approach.
  
4. What is the role of doctors in medical monitoring for eating disorders?
  - a) They conduct therapy sessions.
  - b) They provide nutritional counseling.
  - c) They help individuals with meal planning.
  - d) They monitor physical health and address complications.
  
5. In some cases, doctors may prescribe medication for individuals with eating disorders to:
  - a) Induce weight loss
  - b) Address specific symptoms or comorbid conditions
  - c) Replace the need for therapy
  - d) Treat malnutrition

