

Name \_\_\_\_\_

## Navigating Peer Influence: Healthy Choices vs. Negative Pressure

### Open-Ended Response Questions

1. Reflect on a personal experience where you successfully differentiated between healthy peer influence and negative peer pressure. Describe the situation and how you made your decision.
2. Discuss the role of self-confidence in resisting negative peer pressure and seeking out healthy peer influence. How does self-confidence play a part in these decisions?
3. Imagine a scenario where a friend is pressuring you to skip school. Describe the steps you would take to differentiate between healthy and negative influence and make the right choice.
4. Share your thoughts on the importance of having a support network of trusted adults when dealing with peer influence. How can adults help guide you in making informed decisions?

