

Name \_\_\_\_\_

## Healthy vs. Unhealthy Relationships

### Short Answer

1. Give an example of how open and honest communication can strengthen a healthy relationship.
2. How can a lack of trust negatively impact a relationship?
3. Describe a situation where equality is essential in a relationship.
4. What are some signs that disrespect is present in a relationship?
5. Explain why support is important in both healthy and unhealthy relationships.

