

Name \_\_\_\_\_

## Healthy vs. Unhealthy Relationships

### Open-Ended Response Questions

1. Think about a real-life scenario where trust was broken in a relationship. How did it affect the individuals involved, and what could have been done to rebuild trust?
2. Describe a situation where an unhealthy relationship can lead to isolation. How can someone seek help in such a situation?
3. Reflect on a time when you witnessed an act of respect in a relationship. How did it make you feel, and why is respect crucial in all relationships?
4. Imagine a friend confides in you about being in an unhealthy relationship. What advice would you offer them, and how can they begin to address the issues in their relationship?

