

Name _____

Being a Positive Influence: Helping Friends Make Healthy Choices

Multiple Choice Answer Key

1. b) The impact that friends and peers have on each other's thoughts, feelings, and behaviors
2. b) By setting a good example and making healthy choices in your own life
3. b) Respect their choices and offer support without judgment
4. b) Encourage them to believe in themselves and compliment their strengths
5. b) Gently express your concerns and offer alternatives

