

Name \_\_\_\_\_

## Herb or Spice? Understanding the Difference

### Multiple Choice Questions

1. Where do herbs primarily come from?
  - A) Seeds
  - B) Fruits
  - C) Roots
  - D) Leaves
  
2. Which of the following is a characteristic of herbs?
  - A) They have a mild flavor and aroma
  - B) They are used in smaller quantities than spices
  - C) They are typically added towards the end of cooking
  - D) They are stored in dried or ground form
  
3. What is one common culinary herb?
  - A) Cinnamon
  - B) Basil
  - C) Cumin
  - D) Paprika
  
4. How are spices primarily used in cooking?
  - A) Added at the beginning of cooking
  - B) Used in larger quantities than herbs
  - C) Added towards the end of cooking
  - D) Stored fresh or dried
  
5. What is a key difference between herbs and spices?
  - A) Their flavor profile
  - B) Their origin from plants
  - C) Their method of preservation
  - D) Their use in cooking techniques

