Name _____

Herb or Spice? Understanding the Difference

Open-Ended Response Questions

1. Discuss one culinary dish that prominently features both herbs and spices, explaining how each ingredient contributes to the overall flavor profile.

2. Can you think of any cultural or regional differences in the use of herbs and spices in cooking?

3. Explain why it's important to add herbs and spices at different stages of the cooking process, considering factors such as flavor development and preservation of aromatic oils.

4. Describe one traditional method of preserving herbs or spices used in different cultures around the world.

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