

Name _____

The Hidden Effects of Alcohol: A Sneaky Guest in Your Body

Short Answer Key

1. Excessive alcohol use can damage the liver, leading to conditions like fatty liver, hepatitis, and cirrhosis.
2. Potential mental health issues associated with long-term alcohol use include depression and anxiety.
3. Alcohol misuse can strain relationships with family and friends, lead to job loss, and even legal problems.
4. One of the most severe long-term effects of alcohol is addiction, known as alcohol use disorder.
5. Excessive alcohol use can hinder educational and career opportunities, limiting a person's potential.

