

Name _____

The High Jump: Soaring to New Heights

Short Answer

1. What is the Fosbury Flop, and who introduced it to high jumping?
2. How do high jumpers pivot their bodies over the bar while clearing it?
3. What role do high jump coaches play in helping athletes improve their performance?
4. How are points awarded in high jump competitions, and how is the winner determined?
5. Can you name one famous high jumper mentioned in the passage and mention one of their achievements?

