

Name \_\_\_\_\_

## The Spiritual Mosaic: Hinduism's Core Beliefs and Practices

### Short Answer Key

1. Dharma in Hinduism refers to one's moral and ethical duties and responsibilities based on their age, caste, gender, and occupation. It varies from person to person and guides their actions in life.
2. Diwali, also known as the festival of lights, celebrates the triumph of light over darkness and good over evil. It involves lighting lamps, exchanging gifts, and celebrating with family and friends.
3. Meditation and yoga are integral to Hindu spiritual practice, promoting mental and physical well-being, self-awareness, and connection to the divine.
4. In Hinduism, karma is the law of cause and effect, where one's actions in previous lives influence their current and future lives through the cycle of reincarnation.
5. An example of a country outside South Asia where Hinduism has a significant presence is Mauritius.

