

Name _____

Cracking the Code: The Basics of Hitting in Baseball

Open-Ended Response Questions

1. In your opinion, which aspect of hitting in baseball (stance, swing, pitch recognition, or plate discipline) do you think is the most challenging to master, and why?
2. Imagine you are a baseball coach. Describe a drill or exercise you would use to help young hitters improve their swing.
3. How can pitch recognition help a batter gain an advantage over the pitcher in a baseball game?
4. Discuss the importance of mental focus and concentration in successful hitting in baseball.

