

Name \_\_\_\_\_

## Homework's Burden

### Open-Ended Response Answer Key

1. Students face challenges such as time constraints, pressure to perform well academically, and the need to balance extracurricular activities with their studies. The constant workload can lead to stress and limited free time.
2. "Finding freedom's light" may mean finding moments of relaxation and enjoyment amid the demands of homework. It relates to the idea that balance and breaks are essential for maintaining mental and emotional well-being.
3. Strategies to manage homework and reduce stress may include setting a schedule, breaking tasks into smaller parts, seeking help when needed, and finding relaxation techniques such as deep breathing or physical activity.
4. Maintaining a balance between schoolwork and free time is crucial for a student's overall well-being. Too much focus on homework can lead to burnout, while having time for leisure and relaxation is essential for mental health and personal development.

