

Name _____

The Incredible World of Hormones

Multiple Choice Questions

1. What are hormones?
 - a) Messengers in our body
 - b) Tiny organisms
 - c) Bones in our body
 - d) Types of food

2. Where do hormones travel in our body?
 - a) Through the air
 - b) Through the bloodstream
 - c) Through the digestive system
 - d) Through the nervous system

3. What do hormones do when they reach their destination?
 - a) Attach to receptors on cells
 - b) Turn into energy
 - c) Disappear
 - d) Stop working

4. Why are hormones important?
 - a) They help regulate the body's functions
 - b) They control the weather
 - c) They make us grow taller
 - d) They cause diseases

5. Which gland releases hormones into the bloodstream?
 - a) Kidneys
 - b) Muscles
 - c) Glands
 - d) Bones

