

Name _____

Chasing the Dream: How to Become a Professional Badminton Player

Short Answer Key

1. The first step in becoming a professional badminton player is to start early and learn the basics of the sport.
2. One skill you should work on to stand out as a professional badminton player is mastering various badminton shots, such as the clear, drop shot, smash, or net shot.
3. Setting goals can help you stay focused and motivated in your journey to becoming a professional badminton player. Goals provide direction and purpose.
4. Seeking professional coaching is essential to receive guidance and refine your technique in badminton.
5. Mental toughness in badminton players can be developed through techniques such as visualization, meditation, and maintaining a positive mindset.

