

Name _____

Understanding Bullying: What It Is and How to Stop It

Multiple Choice Questions

1. What is physical bullying?
 - a) Excluding someone from a group
 - b) Using hurtful words and teasing
 - c) Hitting, kicking, or physically harming someone
 - d) Bullying that happens on the internet

2. Why do some bullies engage in bullying behavior?
 - a) To raise awareness
 - b) To celebrate differences
 - c) To exert power and control
 - d) To encourage open communication

3. What is cyberbullying?
 - a) Bullying that happens through gossip
 - b) Bullying involving physical harm
 - c) Bullying that occurs in the digital world
 - d) Bullying that targets individuals with high self-esteem

4. How can schools prevent bullying?
 - a) By fostering a positive and inclusive environment
 - b) By encouraging bullies to continue their behavior
 - c) By excluding students from awareness campaigns
 - d) By keeping consequences for bullying a secret

5. What is relational bullying also known as?
 - a) Verbal bullying
 - b) Social bullying
 - c) Cyberbullying
 - d) Physical bullying

