

Name _____

Detective Skills: How to Identify Signs of Bullying

Multiple Choice Questions

1. What is one possible physical sign that someone may be experiencing bullying?
 - a) Increased interest in social activities
 - b) Frequent emotional outbursts
 - c) Unexplained injuries or bruises
 - d) Improved academic performance

2. Which type of sign includes changes in online behavior, such as avoiding social media or receiving hurtful messages?
 - a) Physical signs
 - b) Emotional and behavioral signs
 - c) Digital and technological signs
 - d) Relational signs

3. What should you do if you suspect someone is being bullied based on the signs you've observed?
 - a) Ignore the signs and let them handle it themselves
 - b) Encourage open communication and offer support
 - c) Confront the bully directly
 - d) Share the information with everyone you know

4. Which sign involves unexplained loss of friends or a sudden decline in popularity?
 - a) Emotional and behavioral signs
 - b) Social signs
 - c) Changes in eating habits
 - d) Relational signs

5. Why is it essential to approach the situation with care and sensitivity when detecting signs of bullying?
 - a) Because bullying signs are always easy to spot
 - b) Because confronting the bully is the best solution
 - c) Because the signs may be related to other issues, and individuals may have varying reactions
 - d) Because bullying is a common behavior and not a cause for concern

