

Name _____

Express Yourself: How Clothing Shapes Our Identity

Multiple Choice Questions

1. How does clothing reflect cultural background?
 - a) It is random and unrelated to culture.
 - b) It represents a connection to one's heritage.
 - c) It always promotes a sense of belonging.
 - d) It is a deliberate expression of mood.

2. How can clothing influence a person's mood and behavior?
 - a) It has no impact on how a person feels.
 - b) Dressing up can boost self-esteem and confidence.
 - c) Uniforms always create discomfort and stress.
 - d) Casual clothing is the only comfortable option.

3. What does wearing eco-friendly and ethically made clothing signify?
 - a) No specific values or beliefs
 - b) A commitment to sustainability and ethical practices
 - c) An indifference to the environment
 - d) A desire to follow fashion trends

4. How do fashion trends contribute to identity?
 - a) They have no influence on a person's identity.
 - b) Embracing a fashion trend aligns a person with its values and aesthetics.
 - c) Fashion trends are unrelated to identity.
 - d) Fashion trends always reflect a person's heritage.

5. What is the main idea of the passage?
 - a) Clothing is only about fashion and aesthetics.
 - b) Clothing plays a significant role in shaping and expressing our identity.
 - c) Clothing has no impact on our emotions or behavior.
 - d) Cultural backgrounds have no relation to clothing choices.