

Name _____

The Link Between Imagination and Mental Well-Being

Open-Ended Response Questions

1. Reflect on a time when you felt exceptionally creative. Describe the experience, including what inspired you and how it made you feel. Discuss any positive effects it had on your mental well-being.
2. Leonardo da Vinci was known for his diverse talents and boundless creativity. Discuss how his multifaceted approach to creativity, including art, science, and invention, contributed to his impact on the world and his own mental well-being.
3. Explore the idea that creativity is a universal human trait that can be nurtured and expressed in various ways, regardless of one's artistic abilities. Provide examples to support your argument.
4. Imagine a world without creativity. How would it impact individuals' mental well-being and the world at large? Discuss the significance of creativity in our lives.

