

Name _____

The Link Between Imagination and Mental Well-Being

Multiple Choice Answer Key

1. b) The ability to think and express ourselves in unique ways
2. c) A Renaissance artist known for his paintings like the Mona Lisa and The Last Supper
3. b) It can boost self-esteem and confidence.
4. b) The creative process involves inspiration, exploration, and creation. The creation phase turns ideas into reality.
5. b) By dedicating time to creative activities, embracing mistakes, and seeking inspiration

