

Name _____

Dressed to Impress: How Clothes Influence Our Self-Perception

Open Response Questions

1. Discuss a personal experience where wearing a particular outfit influenced your confidence or mood. How did it make you feel, and why do you think it had that effect?
2. Imagine a scenario where a strict dress code is implemented at your school or workplace. Describe the potential benefits and drawbacks of such a dress code, both for individuals and the institution.
3. Choose a famous fashion designer or brand known for conveying messages or challenging societal norms through their designs. Explain their approach and provide examples of their work.
4. Reflect on the idea that clothing is a form of self-expression. How do you use your clothing choices to express your personality or interests? Provide specific examples.

