

Name _____

Dressed to Impress: How Clothes Influence Our Self-Perception

Open-Ended Response Answer Key

1. For example, you might share a time when wearing a sharp suit or a stylish dress made you feel more confident during a job interview or a special event. Explain that the outfit made you feel polished and put-together, which boosted your confidence. Mention that clothing can act as a form of armor, helping you tackle challenging situations with more self-assurance.
2. In this response, you could outline potential benefits like reduced distractions, a sense of professionalism, and an equalizing effect among students or employees. Drawbacks might include limited self-expression, discomfort, or uniformity. You can argue that finding a balance between a dress code and individual expression is crucial for fostering a positive environment.
3. Select a designer or brand like Vivienne Westwood, who is known for her punk-inspired designs and activism. Describe Westwood's approach to fashion as a platform for social and environmental issues. Give examples of her collections featuring slogans and political messages, such as "Climate Revolution," to illustrate her commitment to using fashion as a means of raising awareness.
4. Share personal anecdotes about how you use clothing to express yourself. Mention favorite clothing items that reflect your hobbies, interests, or values. For instance, if you're a nature enthusiast, discuss how you often wear earthy tones or clothing with nature-themed prints. Explain how these choices allow you to communicate your passion for the outdoors.

