

Name \_\_\_\_\_

## The Influence of Family on Healthy Relationships

### Multiple Choice Answer Key

1. b) Family serves as the foundation for values, beliefs, and behaviors in relationships.
2. b) They inspire you to form healthy, loving relationships.
3. c) Understanding the impact of your family on your relationships.
4. c) Understanding the impact of your family on your relationships.
5. b) Self-care helps maintain emotional and mental health, crucial for building and maintaining healthy relationships.

