

Name _____

Decoding Food Advertising: Making Informed Choices

Multiple Choice Answer Key

1. b) To make food look irresistible and trigger cravings
2. c) By triggering cravings and impulsive eating decisions
3. b) It can make it challenging to resist food promotions
4. c) Compare different food options and consider healthier alternatives
5. c) Because balance helps you maintain a healthy diet and enjoy your favorite foods

