

Name _____

American Football 101: A Beginner's Introduction to the Game

Short Answer Key

1. The main role of the offensive team is to move the ball down the field and score points. Two key players on the offense are the quarterback, who passes or hands off the ball, and the running back, who carries the ball.
2. The defensive team's role is to prevent the offense from advancing the ball and scoring. One position in the defensive unit is the linebacker.
3. A team can score two points after a touchdown by running or passing the ball into the end zone instead of attempting a kick for an extra point.
4. A "down" is a play in American football. A team has four downs to advance at least 10 yards.
5. The Super Bowl is the championship game of the National Football League (NFL). It features the champions of the NFL's two conferences, the American Football Conference (AFC) and the National Football Conference (NFC), competing for the coveted Vince Lombardi Trophy.

