

Name \_\_\_\_\_

## Spear the Sky: The Thrills of Javelin Throwing

### Multiple Choice Questions

1. What is the main objective of javelin throwing?
  - a. To jump the highest
  - b. To throw heavy objects as far as possible
  - c. To run the fastest
  - d. To swim in a pool
  
2. What is the modern javelin typically made of?
  - a. Wood
  - b. Stone
  - c. Metal, fiberglass, or carbon fiber
  - d. Plastic
  
3. How do athletes generate speed and force in javelin throwing?
  - a. By taking a long run-up
  - b. By standing still and throwing
  - c. By jumping off a high platform
  - d. By performing somersaults in the air
  
4. How is the winner determined in javelin throwing competitions?
  - a. By the athlete with the longest run-up
  - b. By the athlete with the most stylish throw
  - c. By the athlete who throws the javelin the highest
  - d. By the athlete with the longest throw
  
5. Who is mentioned as a famous javelin thrower in the passage?
  - a. Usain Bolt
  - b. Jan Železný
  - c. Michael Phelps
  - d. Simone Biles

