

Name _____

Spear the Sky: The Thrills of Javelin Throwing

Short Answer Key

1. Javelin throwing originated as a hunting and warfare technique. Over time, it evolved into a competitive sport with rules and techniques designed for safety and fairness.
2. A modern javelin is typically made of metal, fiberglass, or carbon fiber. It must meet specific weight and length requirements for competitions.
3. The spinning motion of the javelin stabilizes its flight and allows it to travel farther by maintaining balance and reducing air resistance.
4. Points are awarded based on the distance of throws, with longer throws earning more points. The athlete with the longest throw wins the event, and in the event of a tie, the second-longest throw is considered.
5. Jan Železný is mentioned as a famous javelin thrower, known for holding the world record for the longest javelin throw and winning multiple Olympic gold medals.

