

Name _____

The Journey Within

Open-Ended Response Answer Key

1. Answers will vary based on personal experiences.
2. Self-discovery can help a person understand their strengths and weaknesses, make better life choices, and find their purpose and passions.
3. "Trusting your heart" means listening to your inner feelings, intuition, and desires to guide your journey.
4. Possible advice could include being open to new experiences, embracing challenges, and staying true to oneself.

