

Name _____

Mastering Social Skills: The Keys to Success

Open-Ended Response Questions

1. Think about a time when you faced a social challenge due to shyness or social anxiety. Describe the situation, how you felt, and any strategies you used to overcome or cope with these challenges.
2. Imagine you are in a group project at school, and one team member is not cooperating. Describe how you would use your social skills to address the situation and encourage teamwork.
3. Reflect on a situation where you observed someone with excellent social skills. Describe the behaviors and communication techniques they used and how those skills positively impacted the interaction.
4. Discuss the role of social skills in building and maintaining positive relationships. Share a personal experience that highlights the importance of social skills in your own life.

