

Name \_\_\_\_\_

## Kindness Warriors: Standing Up Against Meanness and Hurtfulness

### Short Answer Key

1. One way to support someone who is being hurtful or mean to others is by talking to them privately and expressing your concerns, encouraging them to reflect on their actions and their impact on others.
2. Promoting inclusivity and diversity helps prevent meanness and hurtfulness by creating an environment where people of all backgrounds feel valued and respected, reducing the likelihood of discrimination and prejudice.
3. Creating a safe and supportive environment is important because it encourages open communication, discourages harmful behavior, and provides resources for individuals who may need assistance in dealing with meanness or hurtfulness.
4. Being a "Kindness Warrior" means actively promoting kindness, empathy, and respect in your interactions and advocating for a more compassionate and inclusive society. It is important because it helps create a more positive and harmonious world.
5. Practicing self-care is essential when dealing with meanness and hurtfulness because it helps you manage your own emotional well-being and maintain the strength to support others.

