

Name \_\_\_\_\_

## Big and Small: Exploring the Largest and Smallest Muscles in the Human Body

### Short Answer Key

1. The largest muscle in the human body is the gluteus maximus.
2. The stapedius muscle is located in the ear.
3. The function of the gluteus maximus is to extend and rotate the hip joint and provide support to the body.
4. The stapedius muscle protects hearing by dampening sound vibrations.
5. Taking care of your muscles involves eating a balanced diet, staying hydrated, getting regular exercise, and avoiding harmful habits like smoking.

