

Name \_\_\_\_\_

## Exploring the Flavors of Lebanese Cuisine

### Open-Ended Response Questions

1. Discuss the cultural significance of mezze in Lebanese cuisine and how it reflects the Lebanese approach to dining.
2. How does the use of fresh vegetables, legumes, and olive oil align with the principles of the Mediterranean diet in Lebanese cuisine, and what potential health benefits do these ingredients offer?
3. Why is baklava considered a special treat in Lebanese cuisine, and what are the main ingredients that contribute to its rich flavor?
4. Explain how Lebanese cuisine emphasizes the balance between savory and sweet flavors, and provide examples of dishes that reflect this balance.

