

Name \_\_\_\_\_

## Lifeguards: Keeping the Pool Safe

### Multiple Choice Questions

1. What is the primary role of lifeguards at the pool?
  - a) To teach swimming lessons
  - b) To ensure swimmers follow pool rules
  - c) To save lives and prevent drownings
  - d) To organize pool parties
  
2. How do lifeguards contribute to promoting health and fitness in their communities?
  - a) By providing personal training sessions
  - b) By ensuring a safe and enjoyable environment for swimmers
  - c) By offering nutrition advice
  - d) By organizing dance classes
  
3. What is one aspect of water safety that lifeguards often educate pool visitors about?
  - a) The importance of swimming in the deep end
  - b) Running around the pool deck
  - c) Jumping into the pool headfirst
  - d) Using the pool's diving board
  
4. In addition to pool safety, how can lifeguards contribute to their communities during emergencies?
  - a) By supervising community events
  - b) By organizing beach vacations
  - c) By applying first aid and CPR skills
  - d) By teaching yoga classes
  
5. How do lifeguards help create a sense of community at the pool?
  - a) By enforcing strict rules and regulations
  - b) By providing swimming lessons to all visitors
  - c) By engaging with pool visitors and organizing pool games
  - d) By not interacting with poolgoers

