

Name \_\_\_\_\_

## Meditations by Marcus Aurelius

### Open-Ended Response Questions

1. Reflect on a personal experience where the principles of Stoicism, as discussed in "Meditations," could have been applied to cope with a difficult situation.
2. Compare and contrast the Stoic philosophy advocated by Marcus Aurelius in "Meditations" with another philosophical or self-help approach you are familiar with.
3. Discuss the significance of the fact that Marcus Aurelius wrote "Meditations" as personal notes to himself, never intending for them to be published. How does this affect the way we interpret the text?
4. How can the wisdom and teachings of Marcus Aurelius in "Meditations" be applied to modern-day challenges and the pursuit of a virtuous life?

