

Name _____

Meditations by Marcus Aurelius

Short Answer Key

1. The primary philosophical school emphasized by Marcus Aurelius in "Meditations" is Stoicism, which emphasizes virtue, wisdom, and rationality as the path to true happiness.
2. Marcus Aurelius wrote "Meditations" as private notes for self-reflection, never intending for them to be published.
3. Key topics and themes in "Meditations" include the impermanence of life, the importance of self-discipline, and the pursuit of moral virtue and excellence.
4. Marcus Aurelius suggests that individuals should accept what cannot be changed, focus on their character and actions, and cultivate inner strength and resilience.
5. The overarching lesson readers can take away from "Meditations" is the importance of living a life of virtue, wisdom, and moral integrity in the face of life's challenges.

