

Name \_\_\_\_\_

## Meditations by Marcus Aurelius

### Open-Ended Response Answer Key

1. Answers may vary but could include personal anecdotes or reflections on applying Stoic principles to cope with challenges.
2. Answers may vary but could compare Stoicism with mindfulness practices or other philosophical approaches.
3. The fact that Marcus Aurelius wrote "Meditations" as personal notes underscores its authenticity and provides insights into his genuine thoughts and struggles.
4. Answers may vary, discussing the relevance of Stoic wisdom in addressing stress, anxiety, and ethical dilemmas in contemporary life.

