

Name \_\_\_\_\_

## The Tale of Max and the Volcano Inside

### Open-Ended Questions

1. Have you ever felt like you had a volcano inside you? What did you do to calm down?
2. Why do you think breathing helps when you're feeling angry?
3. How would you explain the ABCs of anger to a younger kid?
4. If you were Max, what would you have done differently, if anything?

