

Name _____

Navigating the Maze of Friendship: Handling Conflicts and Disagreements

Multiple Choice Questions

1. What is conflict?

- A) A situation where people always agree
- B) A situation where people have differing opinions, interests, or feelings that lead to tension or disagreement
- C) A situation where people avoid talking to each other
- D) A situation where people are best friends

2. Which of the following is NOT a common cause of conflicts in friendships?

- A) Miscommunication
- B) Different expectations
- C) Total agreement on everything
- D) Jealousy or envy

3. What is the key to resolving conflicts with friends?

- A) Avoiding communication
- B) Yelling and blaming
- C) Open and honest communication
- D) Ignoring the issue

4. Why is using "I" statements important when expressing your feelings in a conflict?

- A) It shifts the blame to the other person
- B) It makes the other person feel defensive
- C) It shows empathy and avoids blaming the other person
- D) It avoids expressing your feelings altogether

5. What is the role of mediation in resolving conflicts with friends?

- A) To make the conflict worse
- B) To involve more people in the argument
- C) To help mediate the conversation and assist in finding a resolution
- D) To choose sides in the conflict

