

Name \_\_\_\_\_

## Navigating the Maze of Friendship: Handling Conflicts and Disagreements

### Short Answer Key

1. Effective communication is crucial when handling conflicts with friends because it allows both parties to express their feelings, thoughts, and concerns openly and honestly. It fosters understanding and can lead to finding common ground and resolution.
2. Using "I" statements can improve communication during a conflict by expressing your feelings without blaming the other person. For example, saying, "I feel hurt when you didn't invite me to the party" encourages a more empathetic response compared to saying, "You never invite me anywhere."
3. Finding common ground can help resolve conflicts between friends by identifying shared interests or values. This commonality can serve as a starting point for compromise and understanding, reducing tension in the conflict.
4. Taking a break when a conflict becomes too heated is important because it allows both parties to cool off, gather their thoughts, and approach the situation with a clearer perspective, reducing the risk of saying hurtful things in the heat of the moment.
5. Forgiveness is an essential part of resolving conflicts in friendships because it allows both parties to move past the issue and repair the relationship. It shows a willingness to let go of grudges and rebuild trust.

