

Name _____

Understanding Body Image: How Does the Media Influence It?

Multiple Choice Answer Key

1. b) How a person perceives and feels about their own body
2. c) By portraying unrealistic and idealized standards of beauty
3. a) Accepting and appreciating one's body as it is
4. c) It often features carefully curated and filtered images that may not reflect reality.
5. c) By developing media literacy skills and critical thinking

