

Name _____

The Healing Garden: Exploring Edible and Medicinal Annual Plants

Multiple Choice Questions

1. Which annual plant is known for its peppery leaves and vibrant flowers?
 - A) Chamomile
 - B) Nasturtium
 - C) Marigold
 - D) Lavender

2. What culinary use is mentioned for marigolds in the passage?
 - A) Garnishing dishes
 - B) Brewing tea
 - C) Infusing oils
 - D) Adding flavor to soups

3. Which annual plant is prized for its calming properties and can be brewed into a fragrant tea?
 - A) Echinacea
 - B) Lavender
 - C) Chamomile
 - D) Calendula

4. What is echinacea known for in traditional medicine?
 - A) Boosting immunity
 - B) Relieving stress
 - C) Promoting relaxation
 - D) Adding color to dishes

5. What is one piece of advice for cultivating a healing garden?
 - A) Avoid sunlight
 - B) Minimize water usage
 - C) Incorporate companion planting
 - D) Use chemical pesticides

