

Name _____

The Healing Garden: Exploring Edible and Medicinal Annual Plants

Open-Ended Response Answer Key

1. Lavender can be used medicinally as an antibacterial and anti-inflammatory agent, commonly found in herbal remedies and skincare products. It can also be used culinarily to flavor dishes, teas, and desserts, adding a fragrant and aromatic touch to recipes.
2. Selecting varieties suited to climate and growing conditions is important when cultivating a healing garden because it ensures that plants thrive and produce their intended benefits. By choosing plants that are well-adapted to local environmental conditions, gardeners can maximize their health and productivity, ultimately enhancing the garden's overall effectiveness as a healing space.
3. Companion planting techniques can enhance the health and productivity of annual plants in a healing garden by promoting biodiversity, attracting beneficial insects, and repelling pests. By strategically pairing plants that complement each other's growth and nutrient needs, gardeners can create a harmonious ecosystem that supports plant health and reduces the need for chemical interventions.
4. Practicing organic gardening methods in a healing garden can offer numerous benefits, including reducing exposure to harmful chemicals, promoting soil health and fertility, and producing healthier, more nutritious plants. By avoiding synthetic pesticides and fertilizers, gardeners can create a safer and more sustainable environment for themselves and the plants they grow.

