

Name _____

Minds United: Students for Mental Health

Short Answer Key

1. Sarah, Alex, Maya, David, and Lily were inspired to launch "Minds United" because they had all faced their own battles with mental health issues during their college journey.
2. "Minds United" raised awareness about mental health issues on campus by organizing events and workshops, inviting mental health professionals to speak, and sharing personal stories of overcoming challenges.
3. The mural painted by "Minds United" symbolized unity among college students in the face of mental health struggles.
4. "Minds United" discussed topics related to mental health challenges, coping strategies, self-care, and seeking help during their meetings in the campus library.
5. "Minds United" chose to focus on mental health issues because they had personally experienced the challenges and stigma associated with mental health, and they wanted to make a positive change on their campus.

