

Name _____

Minds United: Students for Mental Health

Open-Ended Response Answer Key

1. The personal experiences of Sarah, Alex, Maya, David, and Lily with mental health issues likely fueled their passion and dedication to "Minds United" because they understood the importance of addressing these issues and providing support to others who may be facing similar challenges.
2. College campuses need grassroots movements like "Minds United" focused on mental health and well-being because they create a supportive community, reduce stigma, and provide resources for students facing mental health issues, ultimately contributing to a healthier and more compassionate campus environment.
3. College students can support each other's mental health by checking in on their friends, promoting open and honest conversations about mental health, offering a listening ear, and encouraging help-seeking behaviors. They can also raise awareness about available mental health resources on campus.
4. The story of "Minds United: Students for Mental Health" teaches us that students coming together can have a significant impact on addressing important social issues. It highlights the power of empathy, compassion, and grassroots efforts in creating positive change within college communities.

