

Name _____

The Mighty Thyroid: Your Body's Metabolic Controller

Multiple Choice Questions

1. Where is the thyroid gland located in the body?
 - A) In the abdomen
 - B) In the front of the neck
 - C) In the chest
 - D) In the back of the head

2. What are the two main hormones produced by the thyroid gland?
 - A) Insulin and glucagon
 - B) Thyroxine (T4) and triiodothyronine (T3)
 - C) Adrenaline and noradrenaline
 - D) Estrogen and progesterone

3. What mineral is needed for the production of thyroid hormones?
 - A) Iron
 - B) Calcium
 - C) Iodine
 - D) Magnesium

4. What hormone controls the production of thyroid hormones?
 - A) Thyroxine
 - B) Triiodothyronine
 - C) Thyroid-stimulating hormone (TSH)
 - D) Insulin

5. Why is it important to understand the thyroid gland?
 - A) It regulates metabolism.
 - B) It controls growth and development.
 - C) It affects nearly every cell and organ in the body.
 - D) All of the above.

