

Name \_\_\_\_\_

## Savoring the Flavors of Mexican Cuisine

### Short Answer

1. Name two common ingredients used in guacamole.
2. Describe the primary role of spices and seasonings in Mexican cuisine.
3. What is the balance of flavors in Mexican cuisine, and why is it important?
4. How can you make healthy choices when enjoying Mexican cuisine?
5. Why are fresh vegetables and herbs commonly used in Mexican cuisine?

