

Name _____

Mirror's Reflection

Open-Ended Response Answer Key

1. Answers will vary based on personal experiences, but students can share their thoughts and feelings about their own struggles with self-acceptance and body image.
2. The poem illustrates that true beauty comes from within by emphasizing qualities like kindness, laughter, and love as sources of beauty that shine through regardless of external appearance.
3. Advice for someone struggling with self-acceptance could include practicing self-compassion, seeking support from loved ones or professionals, and focusing on personal strengths and qualities.
4. The journey toward self-acceptance and self-love can positively impact one's relationships and overall outlook on life by fostering self-confidence, allowing for more authentic connections with others, and leading to a more positive and fulfilling life experience.

