

Name _____

Disconnect to Reconnect: Why Mobile Phones Don't Belong in Classrooms

Short Answer Key

1. Mobile phones can disrupt the flow of a classroom by constantly distracting students with notifications, social media, and games, making it challenging for them to focus on the lesson.
2. Excessive screen time can negatively impact students' physical health, leading to issues like eye strain, poor posture, and disrupted sleep patterns. It can also contribute to mental health problems such as anxiety and low self-esteem.
3. Mobile phones can lead to social isolation as students may choose to immerse themselves in their phones instead of engaging with peers during breaks or group activities. Social interaction is crucial for developing communication skills and forming meaningful relationships.
4. Mobile phones can hinder teachers' ability to manage the classroom by making it difficult to monitor students' engagement and participation. When students use their phones, it can be disruptive, and it becomes challenging to ensure that they are focused on the lesson.
5. The passage raises the issue that mobile phones can lead to academic dishonesty by enabling students to easily access the internet for answers or copy assignments, thus undermining the integrity of the education system.

