

Name _____

Why do Some People Eat Fast Food More Often than Others?

Multiple Choice Questions

1. What is one common reason people eat fast food frequently?
 - a) To enjoy a leisurely meal
 - b) To follow a strict diet plan
 - c) Due to busy lifestyles
 - d) To explore gourmet cuisine

2. Why is fast food often considered a budget-friendly choice?
 - a) It is made with premium ingredients.
 - b) It offers a fine dining experience.
 - c) It is priced lower than many sit-down restaurants.
 - d) It provides exclusive discounts to customers.

3. What contributes to the accessibility of fast food?
 - a) Limited locations in urban areas
 - b) A complex ordering process
 - c) Numerous restaurant locations, including drive-thrus
 - d) A reservation system for dining in

4. What role do cravings and taste preferences play in fast food choices?
 - a) They have no impact on food choices.
 - b) They drive people to choose fast food options they enjoy.
 - c) They make people avoid fast food altogether.
 - d) They only affect choices at fine dining restaurants.

5. How does marketing and advertising influence people's fast food choices?
 - a) They have no influence on food choices.
 - b) They discourage people from choosing fast food.
 - c) They create a desire for fast food through promotions and visuals.
 - d) They only affect choices at local eateries.

