

Name _____

Why do Some People Eat Fast Food More Often than Others?

Open-Ended Response Questions

1. Reflect on the role of fast food in our fast-paced society. How does the convenience of fast food fit into our busy lifestyles, and what are the potential consequences of relying on it too often?
2. Discuss the perception of fast food as a budget-friendly option. Is it always the most cost-effective choice, or are there hidden costs to consider?
3. Explore the impact of cravings and taste preferences on dietary choices. How can individuals balance their desire for flavorful fast food with healthier eating habits?
4. Analyze the power of marketing and advertising in shaping food choices. How do these strategies influence consumer behavior, and what can individuals do to make more informed choices despite these influences?

